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EVIDENCE-BASED CARE SHEET	Cancer Patients: Malnutrition and Interventions
	What We Know <ul style="list-style-type: none">› Cancer refers to over 100 types of malignant neoplastic diseases that have the ability to grow uncontrollably and metastasize throughout the body. The two major types of cancer are sarcoma, which develops from connective tissue (e.g., muscle and bone), and carcinoma, which is found in epithelial tissue (e.g., lung, breast, prostate, colon). Sarcoma is more prevalent in young persons and carcinoma is more common in older adults^{2, 8, 9}• In the United States, cancer is second only to heart disease as a cause of mortality. Of those cancer-related deaths, it has been speculated that 10-70% may be preventable by dietary alterations. In general, the

NURSING PRACTICE & SKILL	Cardioversion: Assisting with
	What Is Cardioversion? <ul style="list-style-type: none">› Cardioversion (also called synchronized electrical cardioversion or direct current [DC] cardioversion) is the delivery of a charge of electrical current (shock) to the heart at a precise point during the cardiac cycle, in order to pause and reset the heart's electrical pattern.• <i>What:</i> Cardioversion is distinguished from the reversal of arrhythmia using only antiarrhythmic medications (often referred to as pharmacologic cardioversion). Cardioversion must not be confused with defibrillation which is delivery of an unsynchronized electrical shock to a patient in car-

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